

The Sheffield Council on Aging
Minutes for September 14, 2009
By Dick Magenis

Present: John-Arthur, Natalie, Mary Ellen, Anne, Joan, Carol, Lovina, Barbara, Inez, Rosemarie, and Dick

Introduction: There were no minutes from the July meeting, as no quorum was present.

Treasurer's Report:

1. Our Friends checkbook account has a balance of \$1,182.37.
2. Sheffield COA budget YTD is 9% expended

Committee Reports

Program & Activities

1. Sheffield in Celebration saw good activity in the park, but marginal things going on at the high school. Carol wonders that, if the fair were more visible, would it be more successful. The weather was problematic, but the signs posted did bring people in.
2. The September 3rd Thursday has Mary Maddox, singer/guitar, coming.
3. The 3rd Thursday in October offers "Funshine": Recession Therapy by Millie Gravel. The meal remains to be decided.
4. The Foxwoods trip on 9/26 with the Red Hats is full.
5. The flu clinic for regular shots is on October 9 from 9-10:30; just walk-in. Help is needed.
6. The Falls Prevention program is scheduled for October 14, 9:30 - 11:30. October is National Physical Therapy month: "make every move count". There will be screenings, interviews, & a balance test to determine one's risk. We're coordinating with Claire Teague in G. B.
7. The Construct Walk (J-A is a marshal) begins at Butternut to the Construct Building (2-3 miles). Scheduled for Oct 18
8. J-A is setting the date for people seeking fuel assistance through the CAC (Community Action Council) for Oct 21. COA offered such info at the town fair. We're coordinating with Claire Teague in G. B.
9. Greg Maichack (pastels artist) is coming on Oct 26, 12:30 - 2:30.
10. On Oct. 29 there will be a SHINE presentation by Winnie Veretto re people's health insurance, which is being renewed in November. (Serving Health Information Needs of Elders)
11. We need office coverage on Oct. 9 (J-A is away to MCOA conference.)
12. On November 2, there is bingo at Claire Teague & one can stay for lunch, either brown bag or Meals on Wheels (donation).
13. J-A is trying to expand Outreach Program, but time prevents more than just calling by phone. We need to build support & staffing for our new building, so staff can visit the homebound.
14. Friends made \$112 at the White Elephant Sale at the high school, with just 10 customers. The kids had 2 tables for face painting & colored sand fun; there were 2 tables for food & 4 tables (jewelry, aprons & our stuff). The Cake Walk is coming up. Joan said that seniors have lots of stuff to put up for sale outside Dewey Hall or at the 3rd Thursday luncheons.

Other Business

1. In Dalton, they have \$800K, but are divided on where & what kind of building to erect for their new Senior Center, showing how lucky we are to have received the stimulus money.
2. Joe Kellogg is in contact with the architect, working on minor changes from the building committee (their fee is an issue). J-A hopes for ground breaking before winter. The center will have a basement w/elevator, eliminating the need for a sprinkler system (required if basement isn't used).

The next COA meeting will be on Monday, October 19, at 4:30 pm in Dewey Center.