

TOWN OF SHEFFIELD
COUNCIL ON AGING
AUGUST 16, 2013
SENIOR CENTER
9:15 AM

Members Present: Kathy Staropoli, Vice Chairman
Carol Sica
Michelle Harwood
Dick Magenis, Secretary
Helen Johnston
David Smith Jr.

Others Present: John Arthur Miller, Senior Center Director
Nadine Hawver, Assistant to the Director

Vice Chairman Staropoli called the meeting to order at 9:20AM.

APPROVAL OF MINUTES:

Minutes of the July 26, 2013 were presented for approval. A few minor grammatical changes were made. Motion to approve was made by Helen Johnston, seconded by Dick Magenis. The motion carried unanimously.

EXPENSE REPORT:

Director Miller gave a town budget update and presented the State Formula Grant Budget for approval. Motion to approve the State Formula Grant budget was made Michelle Harwood, seconded by Carol Sica. The motion carried unanimously.

DIRECTOR REPORT:

Outreach & News

- 1) John-Arthur informed the board that the staff hours will adjust at the end of the month with his return to driving the school bus. His day off will continue to be on Wednesday's and Nadine will be off on Friday's. JA suggested a change of the COA meeting date from Friday's to Mondays so Nadine does not have to come in on her day off to take the minutes. Everyone agreed that Monday at 10:30AM would work for the majority.
- 2) Elder Services made Farmers Market Vouchers available to us. We have been able to issue 15 vouchers made to seniors in our community. The vouchers are valued at \$25.
- 3) Mr. Miller informed the board that we will be offering a program called Navigation for Caregivers. This is an informational program offered by Robert Dean the former Executive Director of Elder services. This program will be offered on September 23rd at 3:30 PM and again at 6PM with a cost of \$35 to the participants.
- 4) Miller also shared that we will host another Blood Drive here on November 9th from 9AM -2PM
- 5) Mr. Miller also informed the Board that on Sept 12th we will have a free cholesterol screening offered by BVN this will be in place of the normal blood pressure screening.

Activities & Programs

- 1) Nadine presented to the board that we will offer Chair Yoga on Wednesdays Nights for free during the month of September. We will use some of the earmarked gifts to pay for this. In October we will offer Dancing with Annie for free.
- 2) The Trip to Atlantic City has been cancelled for lack of enrollment. We have added a day trip to MacHaydn Theater on Sunday Sept 15 to see "All Shook Up".
- 3) 3rd Thursday Lunches will resume in September

- 4) The Friendly Visitor Program is up and running with several seniors having been visited this month.

OLD BUSINESS:

1. Michelle Harwood updated the Board on the upcoming tag sale and antique/collectable sale. Vendors are still being added to both events.
2. Kathy Staropoli updated the board on the re-decorating of the lounge – still having delays with the furniture store. Claudia Martin will pursue this. The wall has been painted and the Elm will be re-installed next week in its new location. A gallery hanging system is being purchased by the Friends along with the fireplace. We are hoping for a lovely new space by fall.
3. Wood Floor – John Arthur asked John Zimboski to come by and look at our floor. The cupping of the floor seems to be due to the flooring not being seasoned properly before installation. Costly to repair. Mr. Zimboski did say the floor should be buffed and refinished annually to maintain it – cost estimate \$1300 per year. This info will be shared with town administrator.
4. Sheffield In Celebration – Kathy Staropoli updated the board that the Friends and COA will be working together. The Friends will have a popcorn wagon and bake sale along with jewelry and bird houses for sale and an afghan raffle. The COA is working on a Photo corner and frame making table for an intergenerational activity.

NEW BUSINESS:

John Arthur and Nadine will be attending the MCOA Conference in Sturbridge Oct 2, 3 & 4th

Next meeting has been scheduled for September 16, 2013 at 10:30AM

Vice-Chairman Staropoli asked for a motion to adjourn at 10:30AM motion made by Helen Johnston and 2nd by Dick Magenis approved unanimously.

Respectfully submitted:
Nadine A Hawver
Assistant to the Director