TOWN OF SHEFFIELD
COUNCIL ON AGING
Final
September 14
SHEFFIELD SENIOR CENTER
10:30 am

**Board Members Present:** 

Eileen Clarke
Nadine Hawver
Michelle Harwood
Sherry Graybeal
Dick Goodwin
John Gilligan
Sandy French

Absent:

Dave Smith

Gillian Hettinger

Others Present:

Kathie Loring, Executive Director Elaine Ireland, Assistant to Director

Chairperson Nadine Hawver called the meeting to order at 10:30

**APPROVAL OF MINUTES:** Motion to approve the Minutes of Juy 14th, 2021 by Michelle and seconded by Sherry. Approved unanimously.

**EXECUTIVE DIRECTOR UPDATE:** Kathie reported the Senior center is now moving full speed ahead with all programs running. Elder Services has made some restrictions pertaining to Covid-19: There is a mask mandate for MOW drivers as well as anyone serving the Community Meals. MOW drivers must fill out a Covid-19 wellness form each morning before deliveries begin.

**PROGRAM AND EVENT UPDATE:** We will be starting a blood pressure clinics again in December. The program will be run by Tri-town Health. There will be sign-up sheets when the time is closer. Chair Yoga: Senta is not continuing because of concerns with Covid-19. Susan Mazzarelli has given us the name of a woman who may be able to teach the class. We are waiting for more information. We have LEO scheduled for September and October. Ed the Wizard will be here on September 16<sup>th</sup> and Pizza and dessert will be served. The Big Y Flu Clinic will be held on October 6<sup>th</sup>. We will have Card making, movie night and an Octoberfest lunch scheduled. The Sheffield Police will be holding a K-9 demonstration with Oden Monday October 18<sup>th</sup>. We have received a donation of Vanilla Boost for any seniors interested.

**UPDATE ON TRANSPORTATION:** The van has been very busy with medical appointments as well as additional shopping trips.

FY22 Formula Grant Update: We are waiting on the Formula Grant and are expecting it shortly.

**CHAIRMAN ITEMS:** none

**FRIENDS ITEMS:** Eileen reported the meetings are back to indoors. There was a small chest freezer purchased. There was a reception held for Claudia who will be leaving on September 19<sup>th</sup>. The event was well attended. The Ice Cream Social was a great success with individually wrapped cookies, brownies, and assorted ice cream treats. There was a Tag Sale held at the Senior Center which was previously scheduled to be held at the fair. There is a \$120 check for the Books from the outdoor receptacle. There will be a Thanksgiving meal in served at the American Legion. Depending on the status of Covid at the time it will be decided whether this will be a sit-down event or a take-and-go. The event will be free. December 14<sup>th</sup> Nadine will be holding A Christmas dinner, serving pork loin, at the American Legion.

**MEMBER ITEMS:** Sherry was inquiring about the Flu Clinic and whether or not shingles will be covered by insurance. Nadine suggested an event called ROMEO: Retired Old Men Eating Out. Michelle mentioned Suzanne Mazzarelli would like to volunteer for help with meals with the Friends or any other meal she may be able to help with.

**PUBLIC COMMENTS: None** 

Motion to adjourn by Michelle at 10:52, John second.

Respectfully submitted by,

Elaine Ireland
Assistant to the Director

Documents Reviewed: Minutes